

# Integrating Technology for Healthy Kids

Roseanne Rogers, MD



# Agenda

Integrated Health Care and Medical Records

KP.org

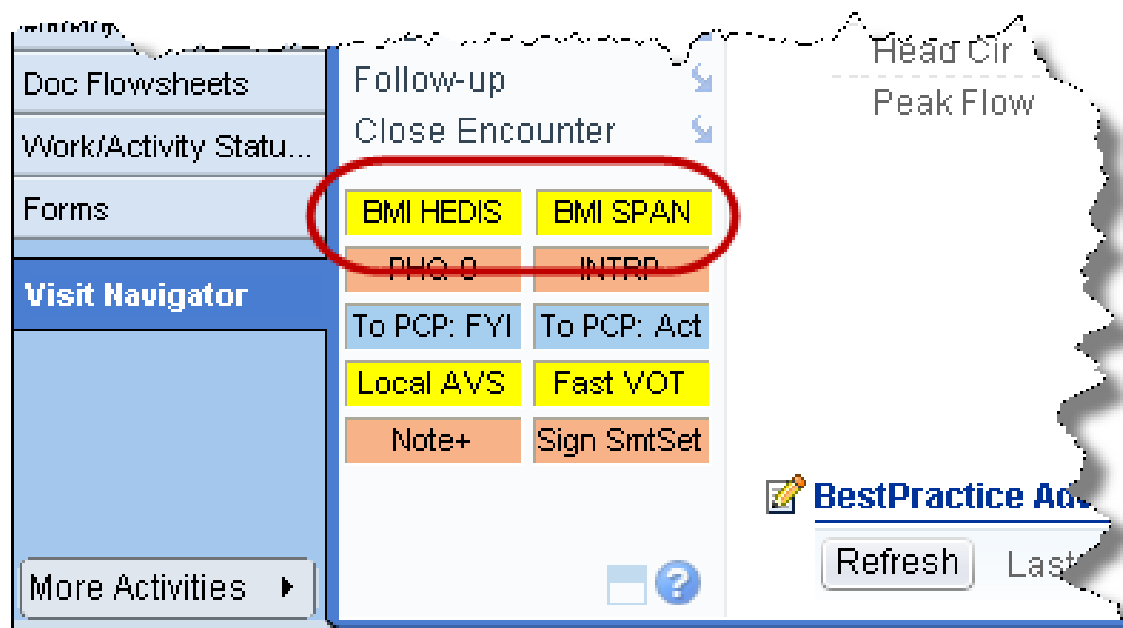
My Doctor Online

Preventive Care Application

## Integrated Health Care and Medical Records

- All providers are able to see the medical records
- We use the information in the medical record to provide patient specific information
- Personalized follow-up email messages to patients are easily sent

# BMI Button



# Follow-up email messages to patients

Copy MRN	Copy Name	MDRS	CIPS Sched	F/U SM	F/U future SM
	ID (both)	Age/Sex	Arrived	Status	C
Sbv...	11...	47 Y / F	Sch		EN
					.smnewmemberwelcome
					.smfollowupacute
					F/U SM 3
					F/U SM 4
					F/U SM 5
					F/U SM 6

**Future Staff Message Template and Send Date**

Select your custom follow-up secure message template:

☒ .smnewmemberwelcome

☐ .smfollowupacute

Configure F/U SM templates

Select desired delivery date for future staff message.

NOTE: a STAFF message (not SECURE message) will be sent to your Patient Reminder folder. This can then be converted to a secure message using the Toolbar's "Convert to SecMsg" button.

1 day	1 week	1 month	7 months	1 year
2 days	2 weeks	2 months	8 months	Today
3 days	3 weeks	3 months	9 months	
4 days	4 weeks	4 months	10 months	?
5 days	5 weeks	5 months	11 months	
6 days	6 weeks	6 months	12 months	

CANCEL

# Follow-up email messages to patients

**Enter Message** [?] Close X

Add Questionnaire Preview Questionnaire

To: Sbvalidation C-Nonlined, CCValidation C-NONLINEC  
Regarding: C-Nonlined,Sbvalidation [110003237781]

Subject: Your Recent Office Visit

Message type: OnlineMsg

☐ Notify me if not read by: [ ]

1d 2d 3d 4d 5d 6d 1w 2w 3w 4w Mark / Send

Insert SmartText Insert Hyperlink Insert MDO Preview SM

Dear Ms. C-Nonlined,

It was my pleasure meeting you the other day. I want to again welcome you to Kaiser Permanente. Please do not hesitate to contact me if you have any other medical question any time.

Message: To stay connected with me between office visits, please visit my personal website:

[Http://www.kp.org/mydoctor/irenechen](http://www.kp.org/mydoctor/irenechen)

<a href="http://www.kp.org/mydoctor/irenechen/"> Here is the link to my home page called My Doctor Online. </a>

On the left hand side column of this page:

1. Under 'E-mail Your Doctor', click on 'Compose Message' to send me an email.

Reply Options

☐ Do not allow patient reply  
☐ Allow reply directly to me

Delivery Date: 1d 2d 3d 4d 5d 6d 1w 2w 3w 4w

Deliver to patient on: [ ]

Accept and Send Cancel




## KP.org

- Patients Can View
  - Lab Results
  - Immunizations
  - After Visit Summaries
- Patients Can
  - Refill Medications
  - Book Appointments
  - Email their physicians

# Patients can Review their Medical Record


Welcome, **Roseanne** | [Sign off](#) | **California - Northern** ([View another region](#))  [Search](#)


<b>My health manager</b>		<b>Health &amp; wellness</b>	<b>Shop health plans</b>	<b>Locate our services</b>	
New members: Get started	My medical record	Pharmacy center	Appointment center	My coverage & costs	My message center





## Sign up for e-newsletters


Update your profile to [stay informed about health issues](#).

 Sign up for e-newsletters

 Total Health Assessment

 Schedule appointments

 E-mail my doctor

 Act for a family member

## My message center

Exchange secure e-mail with your doctor's office in [my message center](#). You also can go there to contact our Member Services and Web manager.

## Appointment center

Wondering if you should book a visit? Consult our [interactive symptom checker](#), or go straight to scheduling in the [appointment center](#).

## My medical record

View your past visit information, plus get your latest test results, immunizations, health care reminders, and more in [my medical record](#).




# View Medical Record and Book Appointments

	My health manager	Health & wellness	Shop health plans	Locate our services	
	New members: Get started	My medical record	Pharmacy center	Appointment center	My coverage & costs
	My message center				


My health manager

My medical record

- Allergies
- Health summary
- Hospital stays & follow-up
- Immunizations
- Ongoing health conditions
- Past visit information
- Preventive health reminders
- Test results



My medical record



Go mobile

Stay connected to kp.org wherever you go with the kp.org mobile app – now available for [iPhone](#) and [Android](#). Or visit the mobile version of our website, [m.kp.org](#).

## Select the type of appointment the patient needs

- ☐ Well Child/School/Camp/Sports Physical
- ☐ Injury
- ☐ Illness/Other Concern
- ☐ Optometry Services

For questions or concerns regarding other reasons not listed , dial 408-871-9440 to reach an advice nurse.

# Patients can Email their Physician

**Use this form to e-mail your doctor. If your doctor is out of the office and you need help before his or her return, please call the office.**

You should receive a response within 2 business days (Monday through Friday, except on holidays, weekends, and times when your doctors indicate they are away from the office). A reply to your nonurgent question will result in a notification being sent to the e-mail address listed in your [e-mail profile](#).

**For help with prescription refills or appointments, please go directly to the:**

- [Pharmacy center](#) (refills, questions about your medications)
- [Appointment center](#) (Internal Medicine, Ob/Gyn, Pediatrics, or Family Practice departments)

All e-mails and attachments you send and receive through your secure Kaiser Permanente mailbox will become part of your permanent medical record. To see the entire list of doctors you can e-mail, please click on a doctor name below.

**Important note for teens and parents of teens:** Parents and teens can read one another's e-mails to the teen's doctors and providers. If there's an issue you'd like to keep strictly confidential, call the doctor's office instead of e-mailing.

**From:** Roseanne L Rogers

**To the office of: (please select)**

-PCP-

**Subject:**

**Message:**

# Patients Can Review Messages from their Physician

My health manager

Health & wellness

Shop health plans

Locate our services

New members:  
Get started

My medical  
record

Pharmacy  
center

Appointment  
center

My coverage  
& costs

My message  
center

< My health manager

My message center

Create a message


- E-mail my doctor
- E-mail another department

Inbox

- From my doctor
- From another department

Sent messages

- To my doctor
- To another department



Inbox

From my doctor

[Help with e-mailing my doctor](#)

You are viewing information for ROSEANNE ROGERS ▾

[Is someone missing from your list?](#)

Subject

From

Received

## My Doctor Online

- Connect to KP.org
- Review Physician Information
- Review Health Topics
- Utilize Classes and Tools available through Kaiser



Stay Connected with  
Your Doctor

**Manage & Schedule**

Prescriptions

Appointments

**View Information**

Test results

Immunization record

Past visits

Hospital stays

**E-mail Your Doctor**

Compose message

View messages

**Preventive Health Reminders**

Screening tests and

immunizations

**Manage Your Family's Health**

Learn how

Set up access

These secure features  
require you to sign in Privacy  
Practices

Bookmark Doctors

Find a Doctor's  
Home Page

Recently Viewed

Bookmark Pages

Home

Our Doctors

Staying Healthy

A-Z Health Topics



## Roseanne Rogers, MD

### Pediatrics

My colleagues and I designed My Doctor Online to make it easier for you to take care of your and your children's health care needs. We've included a variety of superior online programs and health information that we have evaluated or written ourselves. I am committed to giving you the best quality care. I look forward to working with you and your family.

☆ Bookmark Me

Follow @KPbabydoctor



### My Offices

Campbell Medical Offices

Appt/Advice: 1-408-871-9440

See all office information »

Resources for my patients

About Me

Offices & Directions

Health Topics

Well Care

Office Visit

Forms

Tools & Classes

FAQ

Languages

Search My Topics

Clear

Search A-Z Health Topics »

Colds and Flu in Children

Coughs in Children

Fever in Children

Immunizations ▶

Strep Throat

#### ADDITIONAL TOPICS

Infants and Toddlers ▶

Allergies and Asthma ▶

Behavior, Development, and Parenting ▶

Digestive System ▶

### Quick Links

☞ National movement to for  
healthier habits for children

☞ Centers for Disease Control

#### What's New

Allergic Rhinitis (Hay Fever)

☞ HealthyChildren.org (AAP)

☞ Show more links

### General References

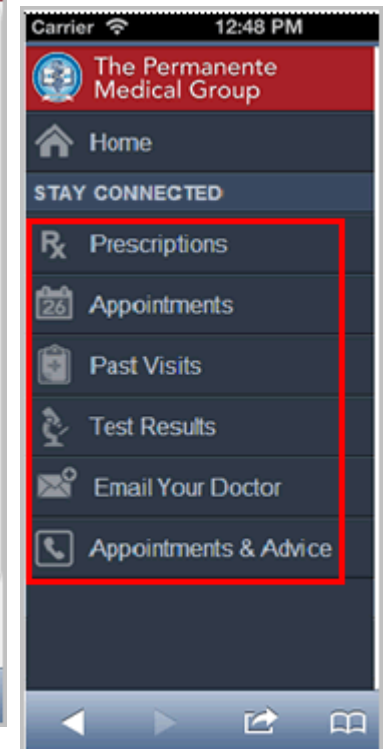
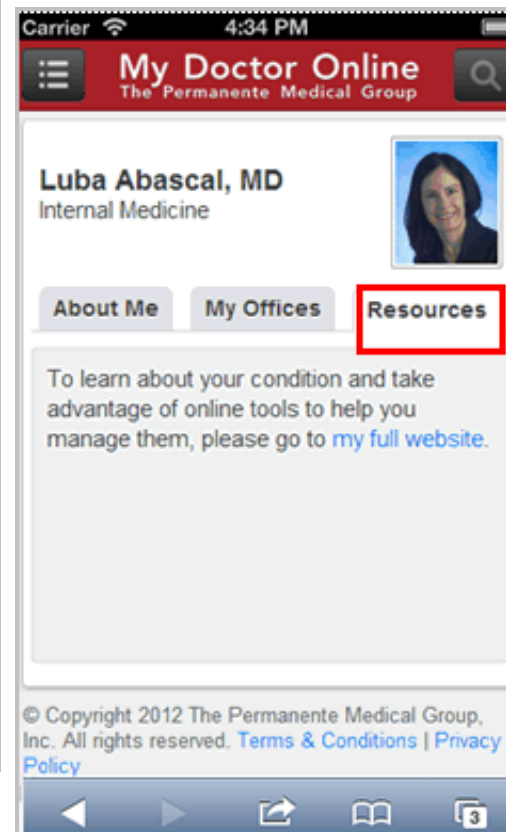
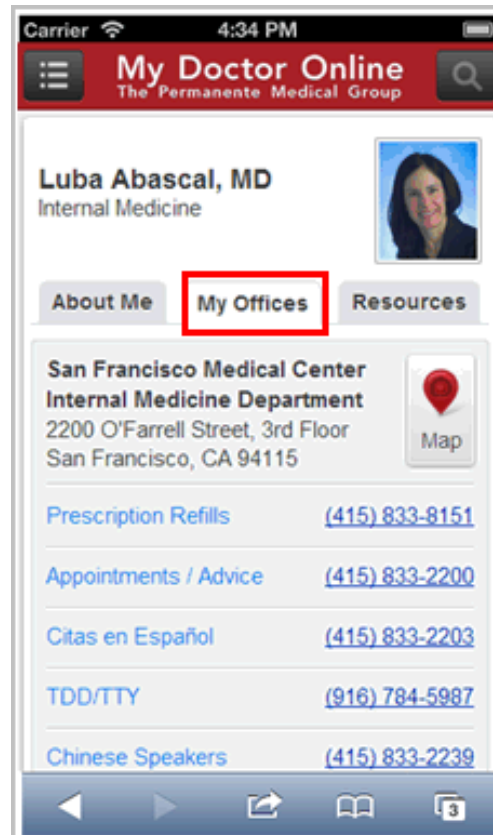
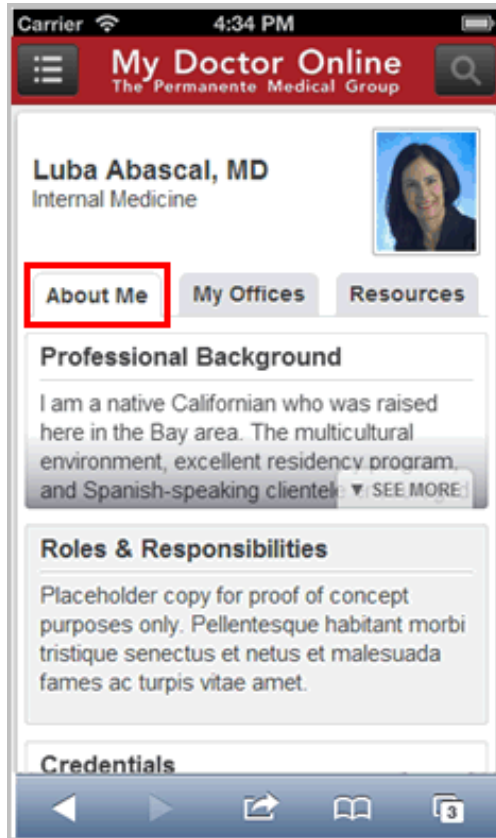
☞ Health Encyclopedia

☞ La Guía en Español

☞ Drug Encyclopedia

☞ Natural Medicines  
Comprehensive Database

# Mobile My Doctor Online





## Colds and Flu in Children

[\[Read/Print full article\]](#)

- » [Overview](#)
- » [Causes](#)
- » [Prevention](#)
- » [Home Care](#)
- » [When to Keep Your Child at Home](#)
- » [When to Call Us](#)
- » [Your Child's Care with Me](#)

### Overview

The common cold is caused by a large number of viruses that may occur at any time of the year. Influenza (flu) is a viral infection caused by the influenza A or B virus and occurs mainly in the winter. They are both contagious respiratory illnesses.

Colds and flu are common. In most cases, your child may begin to feel better within a week, but symptoms can last up to 3 weeks.

Yellow or green mucus is common with a cold, but it does not mean that your child needs to take antibiotics.

- Antibiotics will not help your child's cold, flu, or chest cold.
- Antibiotics only kill bacteria, but colds and flu are caused by viruses.
- Taking antibiotics when they are not needed can be harmful. It increases your child's chances of becoming infected by bacteria that have become resistant to antibiotic medications.

### Related Health Tools:

#### Interactive Programs

[🎧 Cold, Flu and Cough](#)

#### Podcasts

[🎧 Cold and Flu](#)[See more Health Tools »](#)












Resources for my patients
About Me
Offices & Directions

Health Topics
Well Care
Office Visit
Forms
Tools & Classes
FAQ
Languages

Search My Tools
Clear
Search all Health Tools »

## Health Tools and Classes

My colleagues and I are proud to offer you an array of trusted and convenient resources that support your health and your health care experience at Kaiser Permanente. Explore these tools and classes at times and places that work for you and your family.

 <h3>Classes and Coaching</h3> <p>Take control with health and wellness classes, individual counseling and support group resources.</p>	 <h3>Living Healthy</h3> <p>Change your habits and embrace a healthy lifestyle for life.</p>
 <h3>Infants and Toddlers</h3> <p>Monitor your infant or toddler's health month by month and learn the basics of caring for your baby at every stage.</p>	 <h3>Children</h3> <p>Track your child's health or monitor their wellness with a variety of interactive programs, newsletters and videos.</p>
 <h3>Teens</h3> <p>Get your questions answered about relationships, sexual activity and STDs.</p>	 <h3>Parenting</h3> <p>Keep your family healthy and safe through every stage of your children's growth.</p>
 <h3>Newsletters</h3> <p>Sign up for one or more of our online newsletters, each customized with information for your child's specific age and stage.</p>	 <h3>Videos and Podcasts</h3> <p>Listen to health tips and guided imagery audio programs or tune in to videos and watch your health improve.</p>
 <h3>Interactive Programs</h3> <p>Learn more about your health with these self-directed programs, animated guides and easy-to-use calculators.</p>	 <h3>Prepare for Your Procedure - Emmi</h3> <p>Understand what will happen before, during and after a medical procedure with these interactive programs.</p>
 <h3>Personal Logs and Diaries</h3> <p>Track your health or progress with these logs, questionnaires and action plans.</p>	

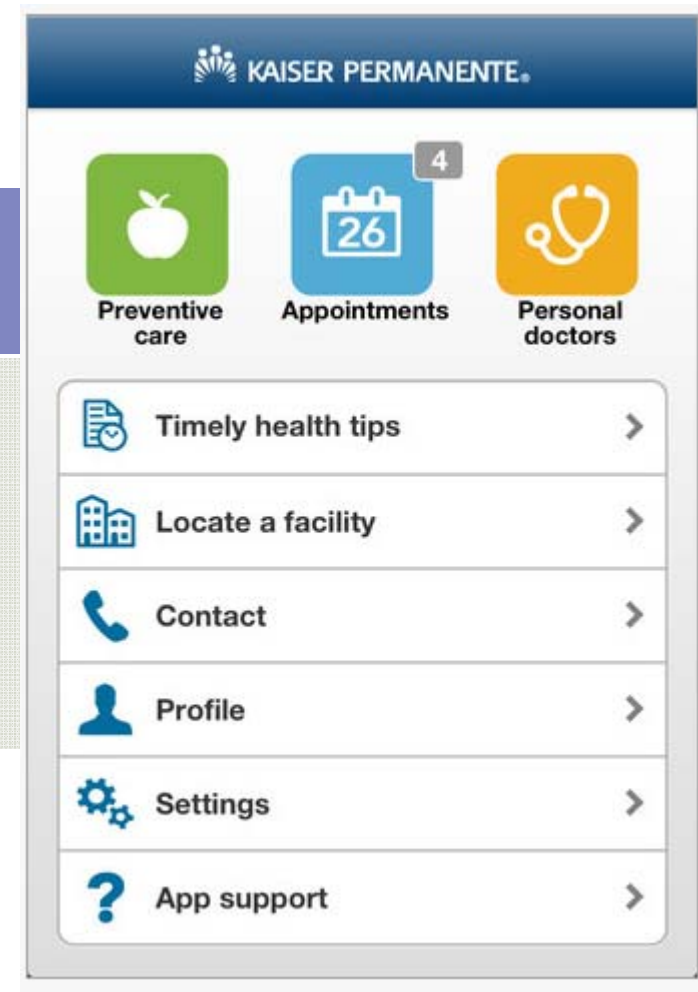
# Patient Interactive Tools

Click on the appropriate topic to play the video

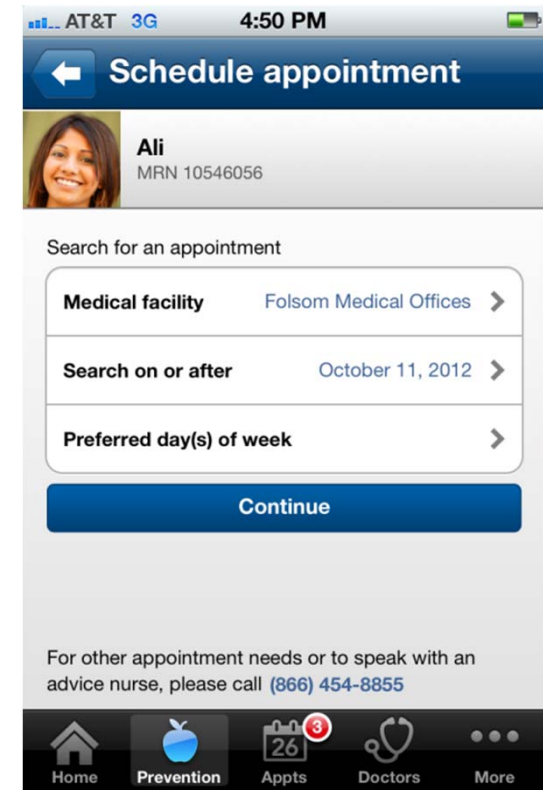
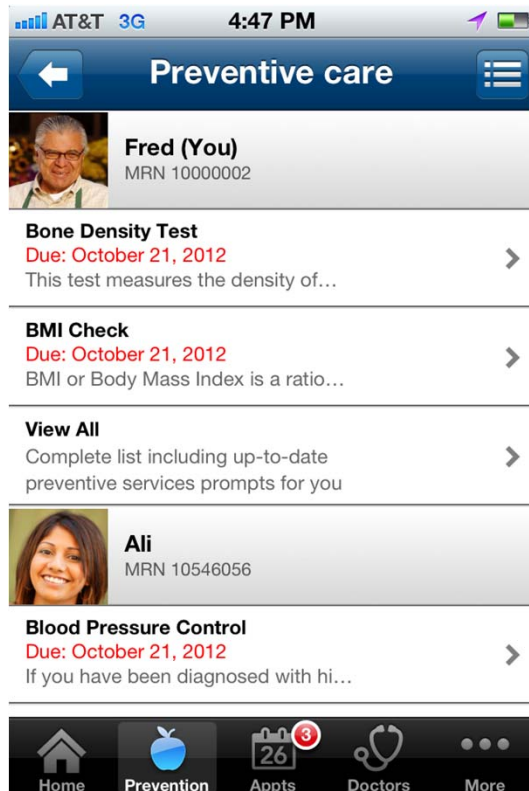


## Preventive Care Application

- Alerts for Preventive Health Screenings
- Appointment Reminders
- View your Doctor and Locations
- Seasonal Health Tips

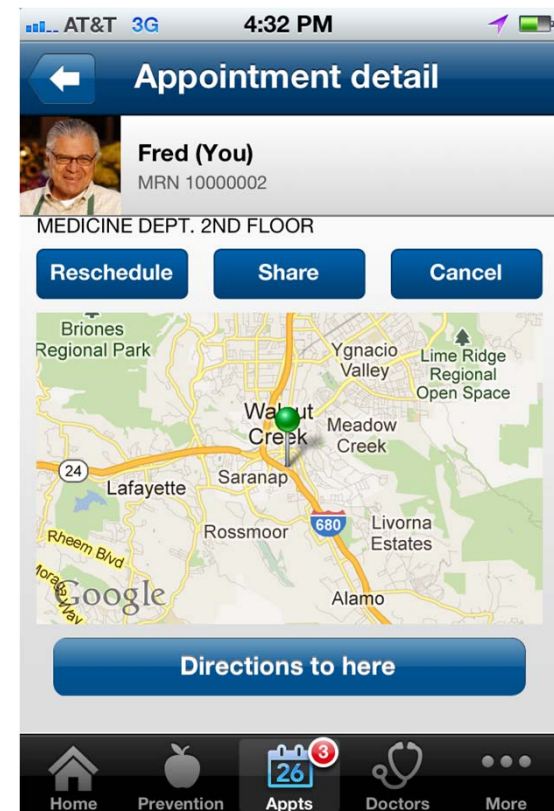
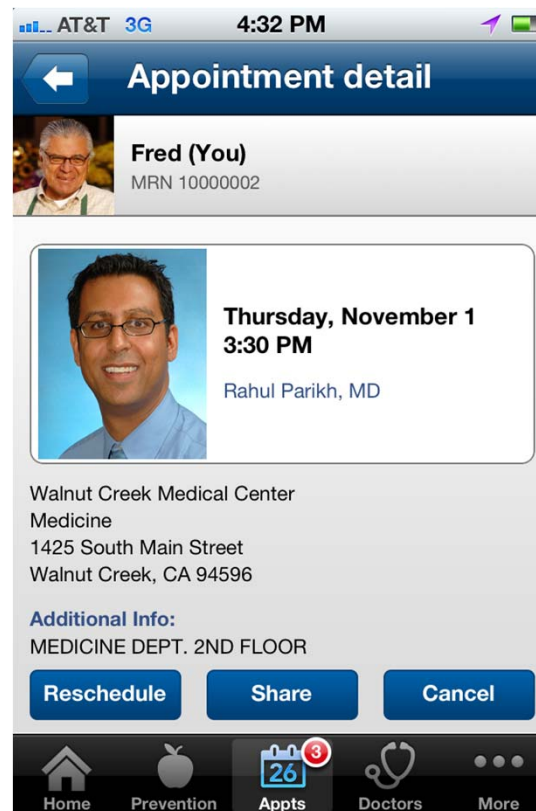
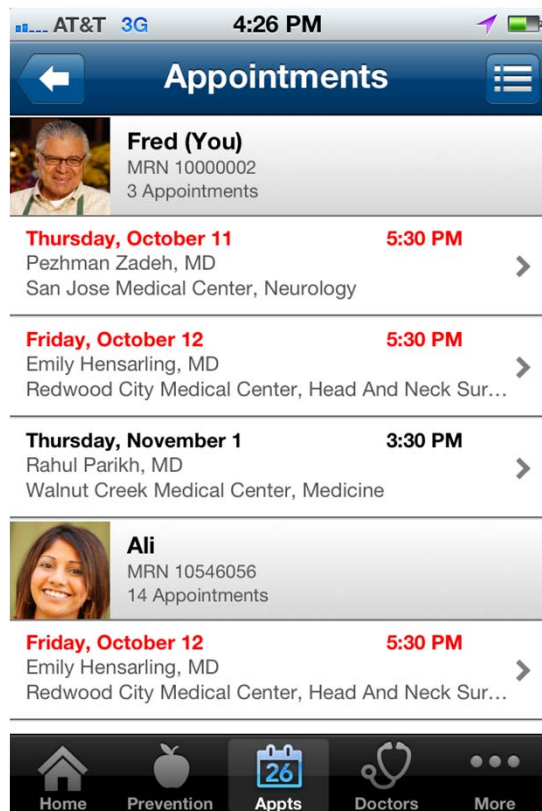


# Preventive Care



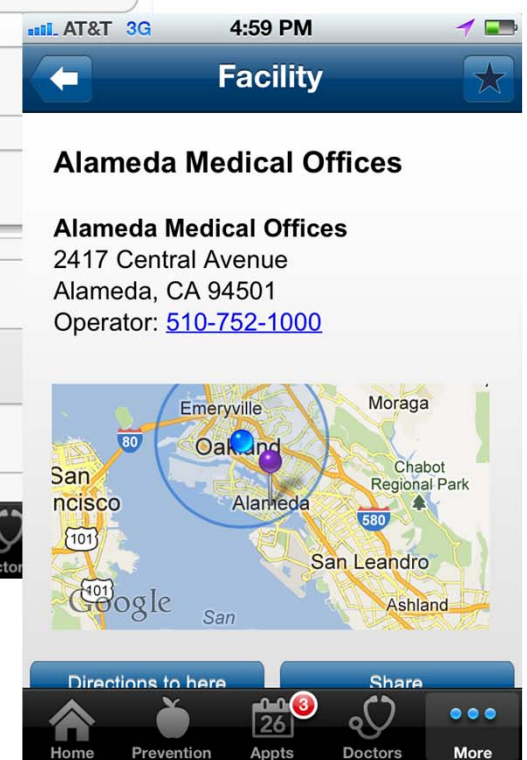
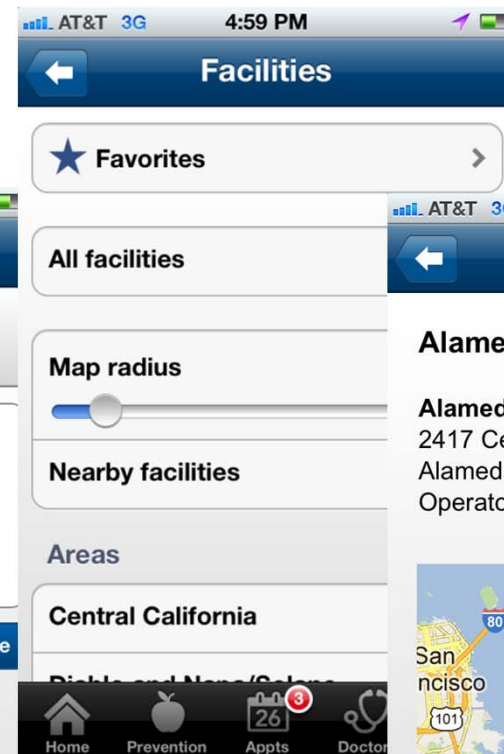
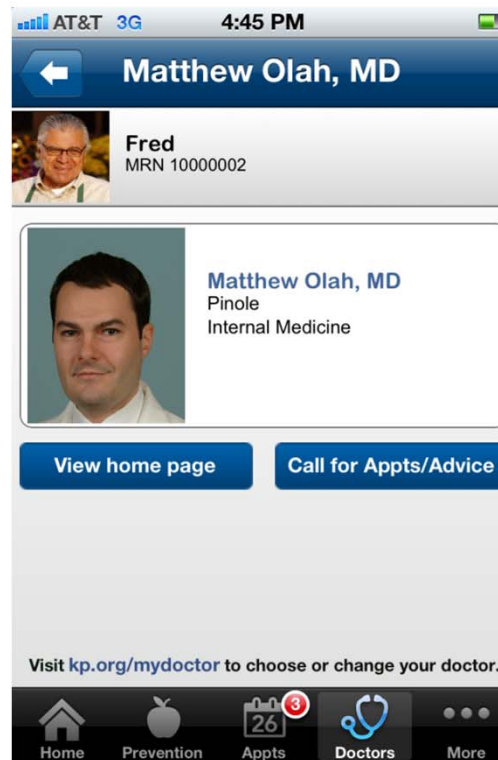
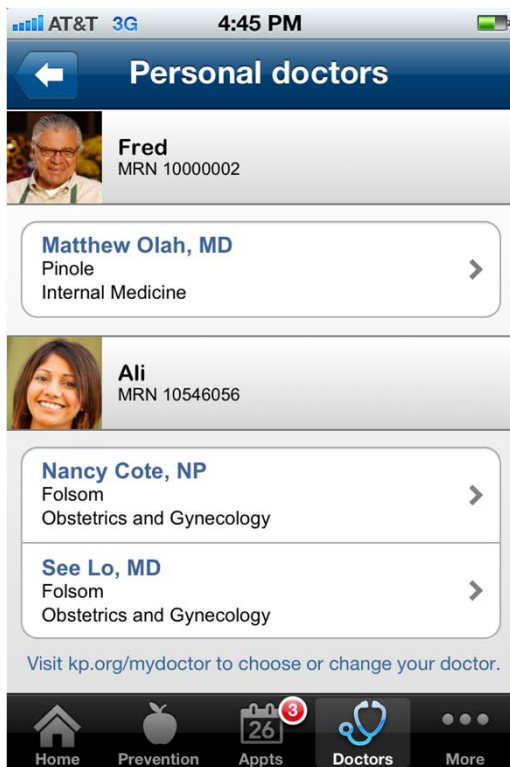


# Appointments

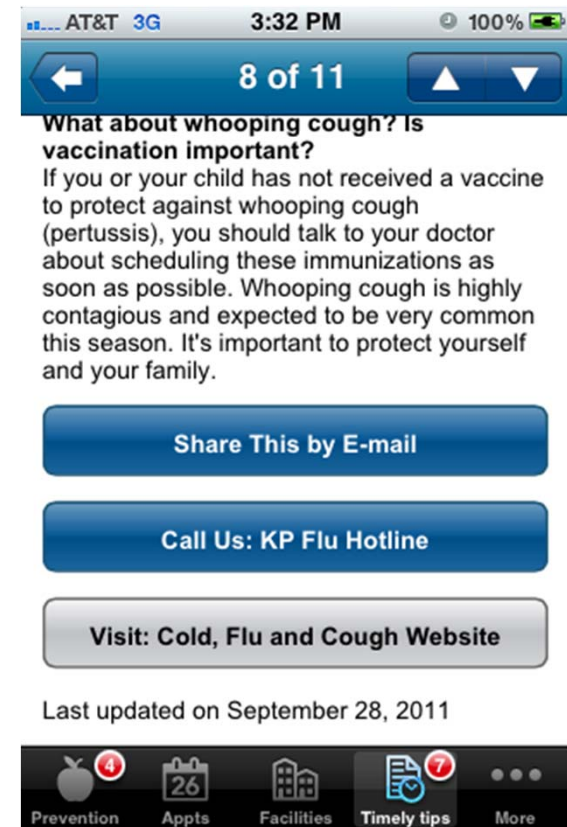
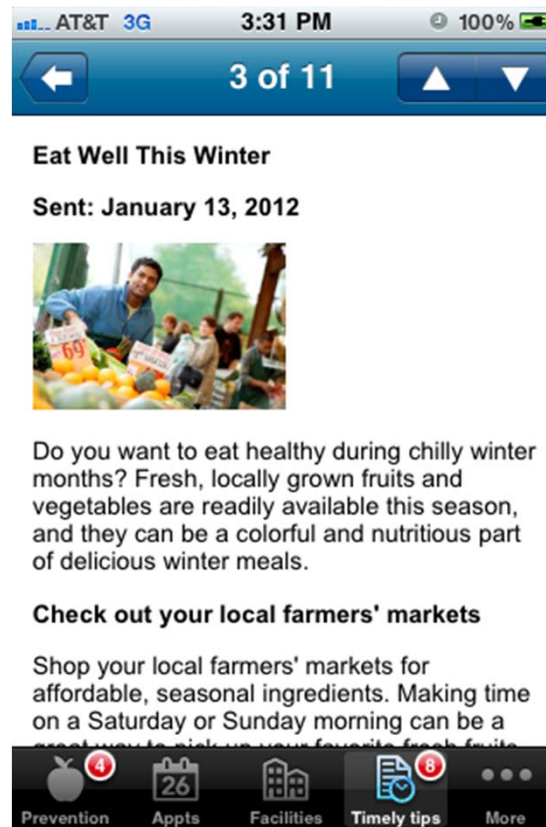




# Your Doctor and Locations



# Seasonal Health Tips

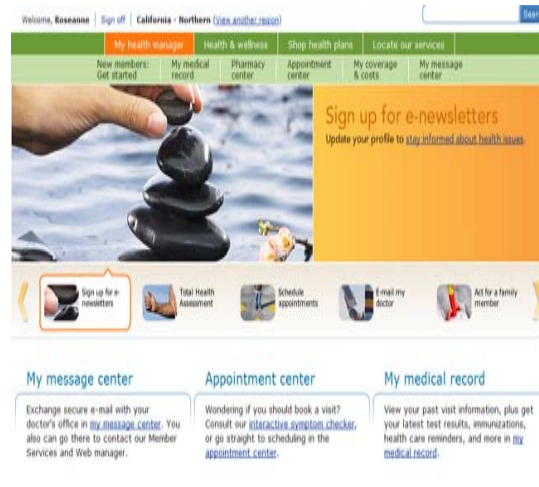


# Integrating Technology for Healthy Kids



## Integrated Care

Integrated between  
clinicians and for the  
patient



## Online Connections

Able to connect to care  
on the go



## Mobile Connections

Personalized reminders  
and access to care

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# A Look to the Future

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Questions?

